

INSTRUCTIONS PRIOR TO ENDODONTIC SURGERY

You have been scheduled for an endodontic surgical procedure. The surgery will be performed using local anesthesia. Most patients are able to drive home and return to work the following day. Post-operative complications are rare, but swelling and/or bruising may occur. Discomfort after the procedure is minimal and readily controlled with medications and the application of ice packs. Detailed written instructions will be given concerning post-operative care. Should a problem arise, a doctor is available for consultation at **all** times.

1. Continue all medications for blood pressure, diabetes, thyroid problems and any other conditions as recommended by your physician. If there is a question, please call our office prior to your surgery.
2. If you are on **daily** aspirin or blood-thinning medication please inform us so that there can be a consultation with your physician about discontinuing the medication for one week prior to treatment.
3. If you take high doses of vitamin E, vitamin K, or fish oil please inform us because you will need to discontinue these one week prior to treatment.
4. Be sure to eat normally the day of your surgery. Eating breakfast or lunch prior to the surgery will help your body to better tolerate the procedure.
5. It is recommended that you take 600 mg of Ibuprofen (3 Advil tablets) one hour prior to surgery (take 2 extra-strength Tylenol tablets if you cannot take Ibuprofen). This will help minimize post-surgical pain and swelling.
6. You should rinse your mouth with either full-strength Listerine or Peridex mouthwashes the night and the morning before the procedure to reduce the number of oral bacteria present.

NOTE: If you have been advised by your physician or dentist to use antibiotic pre-medication because of mitral valve prolapse (MVP), heart murmur, hip, knee, cardiac or other prosthesis, or if you have rheumatic heart disease, please make sure you are on the appropriate antibiotic on the day of your surgical appointment.

Recommended antibiotic regimen for dental and oral procedures in patients who are at risk:

Amoxicillin - 2.0 grams (4 capsules of Amoxicillin 500 mg) orally, one hour before procedure

Cephalexin - 2.0 grams (4 capsules of Keflex 500 mg) orally, one hour before procedure

For Amoxicillin/Penicillin-allergic patients:

Clindamycin 600 mg - (2 capsules of Clindamycin 300 mg or 4 caps of Clindamycin 150 mg), orally one hour before procedure